

The BARESOLE™ Slide by Frampton Ellis™

This new experimental test prototype – the stable BARESOLE™ – is designed to have safe lateral stability like the barefoot. It is the first cushioned production footwear ever to do so. The BARESOLE™ is utterly unlike existing footwear soles, which are grossly unstable in the typical ankle spraining position in which the foot is tilted far to the outside. The BARESOLE™ has proven successful in initial testing so simple it can be verified by anyone.

It is also uniquely comfortable

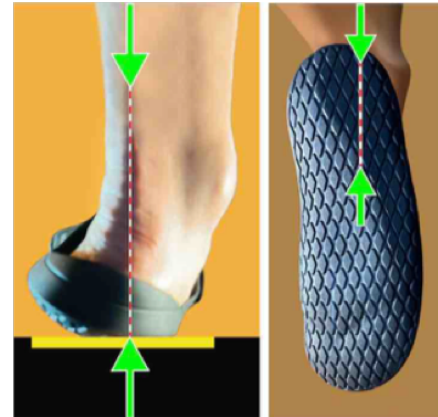
The experimental test prototype BARESOLE™ Slides provide the first definitive physical proof in the simplest, most visible and easily verifiable way that factory-built footwear with a correctly redesigned basic sole structure can restore to footwear the natural lateral stability of the barefoot ankle. Particularly during the extreme outward-tilting motion that in existing shoes causes unnatural instability, ankle sprains and serious falls in shoes. This corrects a fundamental design defect that has existed in all footwear for at least 2,000 years.

The result is something completely different: a sole structure like no other: wide, flexible and rounded. It is the first cushioned footwear sole capable of true athletic performance unlimited by gross artificial instability.

Consequently, an amazingly claim: The BARESOLE™ was designed as a slide to be a simple physical proof of concept in its most easily visible form. But despite its utter simplicity, the unadorned BARESOLE™ has dramatically better stability and comfort than any of today's very best athletic shoe soles for basketball, football, baseball, soccer or other professional sports. Even those worn by the most elite superstars of the NBA, NFL, MLB or FIFA. If that sounds unbelievable, just try comparing them directly, each in the same standing ankle spraining position shown in the above pictures (**but only very carefully, with safe support!**).

The BARESOLE™ Slides are built low to ground, only 12 millimeters in the forefoot and 14 in the heel, like a racecar, not like the much higher and much more tippy footwear common today, from clogs to athletic footwear. This is how Michael Jordan wanted his first basketball shoes. He said what was important was to be “close to the ground. I didn't want to feel like I was playing in high heel shoes because it would increase my chances of twisting an ankle. I wanted to feel like a racecar, close to the ground,” quoted from his autobiography, *Driven From Within*.

Read more about why and how the BARESOLE™ Slide was designed and developed in the book UNNATURAL INSTABILITY by Frampton Ellis in the BOOKS section of this website.



STABLE BARESOLE